

**Rio Terrace Church  
Order of Worship  
Tenth Sunday after Pentecost  
August 2, 2026**

Rio Terrace Church is an inclusive, community-oriented church in the Moravian tradition. Our mission is to be “a community of spiritual journeyers who are experiencing, growing in, and living the love of God as shown in Jesus Christ.”

We humbly gather on Treaty 6 territory, traditional lands of diverse Indigenous peoples including Cree, Dene, Nakota Sioux, and Metis. We honour their enduring connection to this land and commit to respecting and learning from their histories and cultures.

**Theme: Holding onto God**

**Prelude**

**Welcome & Announcements**

**Gathering**

**\*Call to Worship (adapted portions of Psalm 145)**

God is gracious and full of compassion,

**Slow to anger and of great kindness.**

God is loving to everyone,

**And God's compassion is over all God's works.**

God upholds all those who fall;

**God lifts up those who are bowed down.**

God is near to those who call upon God,

**To all who call upon God faithfully.**

God fulfills the desire of those who fear God;

**God hears their cry and helps them.**

Let us speak praises to God;

**Let all flesh praise God for ever and ever.**

**\*Hymn of Gathering: God, We Praise You for the Morning**

1. God, we praise you for the morning; hope springs forth with each new day,  
new beginning, prayer and promise, joy in work and in play.

2. God, we praise you for creation, mountains, seas and prairie land.  
Waking souls find joy and healing in your bountiful hand.
3. God, we praise you for compassion, all the loving that you show;  
human touching, tears and laughter, help your children to grow.
4. God, we praise you for your Spirit, Comforter and daily friend,  
restless searcher, gentle teacher, strength and courage you send.
5. God, we praise you for the Saviour, come that we may know your ways.  
In his loving, dying, rising, Christ is Lord of our days.
6. Alleluia, alleluia, alleluia, alleluia!  
Alleluia, alleluia! Christ is Lord of our days!

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## **Centering**

### **Poem:**

Holding on often means that we need to let go of something else. We must choose what we hold on to as we move through life.

### **One More Mountain by Norma Gail**

I'm tired and weary, and I need a rest,  
But, dear Lord, I know that You always know best.

When I'm battle-weary and feel alone,  
When I beg for bread but it seems like a stone.

I know there is something You are working in me—  
There is something new You have to show me.

There is something I haven't become just yet,  
There is some other challenge I've not ever met.

You've carried me through so many before—  
Lord, help me now to face one more.

When I look in the mirror I want to see  
A reflection of You looking back at me.

So once more, Lord, pick me up and let's go—  
So I never forget how I need you so.

And I have the feeling that when this one is through,  
I'll see, just beyond, there is something else new.

So thank You, Lord for not forgetting me,  
For never letting me rest till it's You that I see.

## **Musical Meditation**

### **Listening**

#### **Scripture readings**

**First Reading: Genesis 32:22-31**

**Gospel Reading: Matthew 14:13-21**

**Message: Rev. Rob Key**

### **Responding**

#### **\*Hymn of Response: Amazing Grace**

1. Amazing grace, how sweet the sound,  
that saved and strengthened me!  
I once was lost, but now am found,  
was blind, but now I see.
2. 'Twas grace that taught my heart to fear,  
and grace my fears relieved;  
How precious did that grace appear  
the hour I first believed.
3. Thro' many dangers, toils, and snares,  
I have already come;  
'tis grace that brought me safe thus far,  
and grace will lead me home.
4. The Lord has promised good to me,  
this word my hope secures;  
God will my shield and portion be  
as long as life endures.

Words: John Newton, 1779, rev.  
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## **Sharing Together – Blessings, Concerns, Spirit Sightings**

### **Praying Together**

#### **Sending**

#### **\*Sending Forth Hymn: To Show by Touch and Word**

1. To show by touch and word devotion to the earth,  
to hold in full regard all life that comes to birth,  
we need, O God, the will to find the good you had of old in mind.
2. Renew our minds to choose the things that matter most,  
our hearts to long for truth till pride-of-self is lost.  
For every challenge that we face we need your guidance and your grace.
3. Let love from day to day be yardstick, rule and norm,  
and let our lives portray your word in human form.  
Now come with us that we may have your wits about us where we live.

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#### **\*Benediction**

### **Postlude**

\*Please stand as able